

# Self-Exploration for Writers

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## 5. Inspiration and Dreams

Ask yourself:

What stimulates me to write?

What are my writing dreams (be specific)?

What frightens or overwhelms me about writing? How can I confront those fears?

What does “success” as a writer mean for me, personally?

What are my writing goals and aspirations?

Putting your exploration into practice:

Make a poster of your writing dreams and stick it on the wall above your desk.

**Don't forget** to place this exercise in your “Self-Exploration for Writers” binder.