

# Self-Exploration for Writers

By Norma J Hill (aka Pen And Paper Mama)

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## 3. Listening and Viewing

Are you a listener and a viewer? Good writers constantly observe the world through listening and viewing. Writing and other media are, at heart, storytelling, whether fiction or nonfiction. List specific titles of media you enjoy listening to and viewing, and what you learn from them.

Films and movies:

Videos and video games:

Radio and podcasts:

Television:

Live theatre:

Music, dance, and other fine arts:

Nature, sports, and other observations:

Putting your exploration into practice:

Choose one of the above which you rarely engage in, and try it out! Ideally, after listening and viewing, participate. Play a video game or instrument, join a theatre group, film video....

**Don't forget** to place this exercise in your "Self-Exploration for Writers" binder.